CAMPUS RESOURCES
- Incorporate U-M's general Sustainability Tips into your daily life during travel
- Global Road Warrior is a database accessible through U-M libraries that gives you information on the country you will be traveling to
- Big 10 STAY LOCAL Campaign
- Check out Planet Blue’s sustainability living checklist to learn best practices for general sustainable living

PACKING
- Pack a reusable Water Bottle and Reusable Bag
- Rethink your toiletries to reduce plastic use
- Use Solar Powered Electronics
- Consider bringing versatile clothing items to reduce the amount of items you need to pack and new clothes you need to buy

TRANSPORTATION
- Bike and/or stroll when safe and reasonable to do so!
- If the destination is further, opt for safe, and reliable forms of public transportation
- Minimize the amount of intracontinental travel
- Fly nonstop and choose e-tickets over paper
- Research ways to offset your carbon emissions

SUSTAINABLE TRAVEL TIPS

HOUSING
- Request to have your room cleaned post check out, not during, to reduce the amount of energy and water consumed
- Unplug all electronics
- Opt for a homestay with a vetted host family – these tend to be more environmentally conscious than large hotels and allow you to immerse yourself in local culture!
- Before booking, research beforehand sustainable and eco-friendly accommodation options

FOOD
- Dine and shop locally! Eating local cuisine from small businesses is the best way to eat sustainably
- Eat plant-based when possible! Reducing meat consumption is a great way to reduce your carbon footprint
- When buying groceries, try to shop for seasonal items
- When buying snacks, buy from locally-owned businesses
- When eating out, opt for reusable utensils and reusable containers when available

CULTURE
- Research the recycling initiatives and habits of the country you are visiting in
- Buy souvenirs from local vendors
- Consider purchasing consumable or practical items (items that have a lasting value)
- Respect Wildlife
- Explore the culture through walking or hiking

SCAN HERE FOR A PAGE WITH MORE TIPS!