U-M International Travel Requirements

Individuals traveling abroad should visit the Global Michigan “Requirements” webpage for complete and up-to-date requirements, which include:

1. Register Travel
   For students who apply to a U-M program through M-Compass, your submitted application serves as your registration.
   All other travelers must register through the University Travel Registry.

2. Get U-M Travel Abroad Health Insurance
   All travelers on UMRT are required to purchase U-M Travel Abroad Health Insurance. For U-M managed programs, check with your department if they enroll you on your behalf. Faculty and staff can download insurance cards upon registration in the University Travel Registry.

3. Review U-M Travel Designations
   Check the U-M Travel Designation for each country in your travel itinerary. Some countries have risk ratings that vary by region, so check carefully.
   Depending on your U-M status and destination(s), you may need to submit a travel health plan or safety plan.

4. Submit a Travel Plan
   Using this flowchart, determine whether you need to submit an Individual Safety Plan, an Individual Travel Health plan, or neither.
   If you do need to submit a plan, please submit it at least 3 weeks before departure.

Planning Considerations

Prior to departure, travelers must plan ahead for entering, staying in, and exiting their host destination(s). Global Michigan also offers travel planning resources.

Verifying Travel Destination Entry / Exit Requirements

- Verify public health entry requirements for your destination(s) which could include providing a specific test result for an infectious disease, providing proof of vaccination (COVID-19, Yellow Fever, etc.), completing a specific health questionnaire, downloading an app, quarantining or testing upon arrival, etc.
- Verify your ability to enter your destination(s) and that you have the necessary documentation / visa. Resources include:
  - “Entry, Exit, and Visa Requirements” section of U.S. State Department’s Country Information page for your destination(s) or your host destinations’ official government websites.
  - U-M International Center Visa page
- Understand requirements for returning to the U.S. or your home country. For non-U.S. citizens returning to the U.S., verify your ability to re-enter. Review the International Center’s Travel Guidance for International Students and Scholars and contact the International Center with questions related to your visa or other travel documents.

Planning Your Travel Logistics & Contingencies

- Develop flexible financial and logistical contingency plans due to travel disruptions and unforeseen travel health circumstances (e.g. flight delays / cancellations, mandatory quarantines due to exposure, new transit requirements, staying abroad longer than expected, etc.).
- Arrange in-country housing accommodations that account for possible self-isolation needs, ease of access to daily necessities, and safety / security measures. See Global Michigan’s Housing Checklist for various considerations.
- Familiarize yourself with your GeoBlue Travel Abroad Health Insurance coverage benefits, such as Post-Departure Travel Interruption (PDTI)* which provides lodging / incidentals and transportation benefits for specific covered reasons. (*PDTI is only available on the U-M Study Abroad Plan).
- Provide accurate emergency contact information in the “Trip Emergency Contact & How to Find Me” form located in your Travel Registration or M-Compass application.

Staying Healthy While Abroad

- Review your destination(s) CDC Travelers’ Health page and CDC Travel Health Notices for guidance on travel health risks and for required / recommended vaccinations and stay informed, as conditions can change.
- Follow in-country regulations, which may include mandatory quarantine, masking requirements, proof of vaccination to enter certain buildings, etc.
- Reflect on your individual health and well-being and how they can be impacted while abroad. The U-M Travel Health Preparation Guide and Resilient Traveling can help you catalog and plan for physical and psychological health needs during travel.
- Review the full range of U-M travel health planning resources on the Global Michigan Health webpage.

For questions, contact umich-itoc@umich.edu